

ANNUAL REPORT

HEALTH FOR HUMANITY SERVICE SOCIETY

2016



TABLE OF CONTENTS

Team Leaders	3
Year at a Glance	4
Guatemala Health Mission		
Quick Stats	7
Team Members	8
Surgical Summary	10
Primary Care Summary	11
Guatemala Public Health Projects		
.....	13
Other Activities	13
Financial Overview	15
Acknowledgments		
Donations & Sponsorships	16
Further Information	18

Health for Humanity Team 2016

Board of Directors Cheryl Davies (Co-Chair)
Caitlin Johnston (Co-Chair)
Connie Huang (Treasurer)
Theresa Trinh (Secretary)(*resigned prior to year end*)
Gloria Garraway
Karen Harrison
Mike Morton
Joe Del Vicario
Carmen Wiechers
April Stewart (*resigned prior to year end*)
Bayron Figueroa (*resigned prior to year end*)

Board Committees Surgical Missions (Joe Del Vicario)
Primary Care & Public Health (Caitlin Johnston)
Volunteer & Membership (Cheryl Davies)
Promotion & Media Relations (Caitlin Johnston)
Fund Development (Karen Harrison)

Team Leaders *Antigua November Surgical Mission* Dr. Joe Del Vicario
Primary Care Mission Caitlin Johnston + Dr. Kathy Jones

Year at a Glance

Health for Humanity (H4H) continued to **strengthen** its volunteer and resource base this year through the engagement of many new health care and logistics volunteers, as well as new donors and supporters. Through the leadership of the H4H Board who successfully enlisted some new Directors with clinical and governance experience, H4H was able to advance the work of the various **subcommittees to ultimately improve the health of many** Guatemalan children, adults, and families and **communities**.

This year, H4H arranged for a large surgical team to provide services over a 3 week period to the **Obras Sociales Del Santo Hermano Pedro Hospital** in Antigua. With the steadfast and extensive support of its longstanding Guatemalan partner, **Partner for Surgery (PFS)**, H4H was able to increase its capacity to serve remote communities, particularly the needs of infants and children, as PFS supported the travel/access and logistics for many patients and families.



This year, 314 Guatemalans, ranging from **infants to the frail elderly**, received 337 different specialty procedures to address health issues across the areas of plastic surgery, ENT (ear/nose/throat), general surgery, gynecology and urology. A record high of **35% of the total patient population came from long distances** through the assistance of Partner for Surgery, with **55% of those being children with cleft lip and palates**. H4H also continued to expand the **urology program**, providing challenging surgeries to patients with complex conditions. In response to the notable number of these patients with difficult urological issues, H4H hopes to develop a management strategy for next year. Again, with the loaner use of advanced Sonosite Ultrasound platform and probes, the H4H radiologists provided excellent diagnostics on patients to inform their surgical treatment and ensure best health outcomes. There was a substantial amount of medical supplies and special equipment collected and donated from various health industry sources and individuals this year, with most transported by container by sea at a subsidized rate facilitated by a benefactor. With the support of a new Board member, over 550 pounds of valuable clothing + 440 pairs of shoes from Value Village were also donated and transported for the benefit of the Obras Hospital's residential patient population with disabilities from children to seniors. The H4H surgical teams received excellent support and collaboration from the Obras operating room staff under the skillful leadership of Odra Flores, Surgical Director.



The **H4H Primary Care Team** completed its sixth year of primary care clinics, and 3rd year specifically in the Department of El Peten in collaboration with the Nuevo Horizonte Cooperative – a cooperative community registered

with the Guatemalan government and which maintains its own infrastructure and services with government accredited education and a Ministry of Health clinic. The Primary Care Jornada was comprised of both health teaching and clinical activities in Nuevo Horizonte and 7 surrounding communities in El Peten, the largest and most northern department of Guatemala. The H4H team of 8 volunteers, including primary, maternity and urgent care providers, translators and support/research personnel, partnered with local NH community members and midwives to provide services to 435 patients, from infants to the elderly. Services were provided in 8 different clinic locations over the 2 week period and some home visits were also conducted to home-bound patients. Given the scarcity of medications in the communities, the H4H team brought as much medications with them as possible anticipating shortages. Most medications were sourced and purchased in Guatemala through the assistance of Partner for Surgery, with a few additions acquired in Canada and transported overland. The team was happy to report that the previous year's outbreak of Chikinguna appeared to be, for the most part, exhausted with significantly fewer cases reported in 2016. There were no confirmed reports of Zika in Nuevo Horizonte and the surrounding communities that the team was aware of, and no member of the H4H team personally encountered any illnesses. Over the course of the Primary Care Jornada, many patients received attention to symptoms and illnesses preventing more significant conditions, along with health promotion education such as dental hygiene and care.



The year, H4H continued its relationship with the **Rotary Club of West Vancouver Sunrise**, who continue to work with Rotary International to potentiate H4H and Rotary grants supporting clean drinking water (innovative clay water filters) in Guatemalan schools through Guatemalan-based Ecofiltro's community clean water program, towards larger grant investments in this program. H4H is proud to say that our shared donation of 50 water filters to schools in Quisache in 2014 have been recently replaced free of charge by Ecofiltro on the basis that the community at large has invested in expanded access to the water filter program in homes. The schools currently report an 80% drop in student illness fostering improved educational engagement by students. This collaboration between Ecofiltro, H4H and the West Vancouver Rotary Club has accomplished a reduction of gastro-intestinal illness in the community of Quisache and indirectly led to an increase of use of safe water filters in the community at large. From the school children's perspective, there is a now a sustainable model of moving forward to ensure continued improved health.



To fulfill program planning this year, H4H enlisted **well over 30 new health mission volunteers** and engaged many **more donors** and supporters through H4H fundraising initiatives, and the **impressive efforts of individual H4H members**. H4H raised considerable donations this year through a variety of fundraising activities and supportive initiatives. Individual physician and corporate donors gifted H4H with essential medical supplies (e.g. sterile surgical supplies, IV and irrigation fluids for the urology program) and extraordinary capital donations (e.g. hysteroscopy system, refurbished Narkomed 2B anesthetic machines and post-anesthesia recovery monitors). A clothing/home supplies donation drive, supported through Value Village and the Big Brothers, engaged some new donors across the Lower Mainland. H4H also continues to enjoy its successful partnership with Wood Gundy who volunteers their services in donations of securities + shares to H4H.

All of our H4H mission volunteers contributed personal donations, including labour and expertise, and many engaged in their own fundraising efforts to raise further donations in support of the H4H missions and projects. Administrative, infrastructure and operations support was provided through many other volunteers through their assistance with our website, promotions + communications, supply storage, container transport, medical equipment refurbishment, fundraising logistics and more.

This year, a new H4H volunteer videographer accompanied the surgical team to Guatemala, where he collected footage that will be used to create a new H4H documentary video for launch in 2017.



H4H organized another successful and enjoyable fundraising event – *Fiesta on the Hill* – in the fall of 2016, which was generously hosted by Dr. Maged and Mrs. Haidy Bakhet in West Vancouver. Donations procured through the kind support of Monica Froh + family and Glowbal Group merit special mention. Over 100 guests enjoyed live music, food, silent/live auctions and shared much laughter and friendship as they contributed generously towards H4H’s fundraising goal in support of the surgical mission, primary care and public health projects.



H4H is very proud to remain true and authentic to our principle of being a 100% volunteer operated organization, thanks to the outstanding generosity of so many people, organizations and businesses in Canada and beyond.

Guatemala Health Missions: Quick Stats

Surgical Mission Dates:	Antigua, Guatemala	November 4-27
Primary Care Jornada Dates:	El Petén, Guatemala	November 5-18
Total # of H4H Team Members:	84	
Container Transport:	20 foot container with 4 tons of donated supplies & equipment	
Health Projects:	Surgeries at the Obras Sociales del Santo Hermano Pedro Hospital Primary care partnership with Nuevo Horizonte Cooperative Community Primary care clinics & teaching in 7 communities in El Peten Exploratory visit with Casa Materna south of Nuevo Horizonte	
Local Collaborators:	Obras Sociales del Santo Hermano Pedro Hospital Partner for Surgery (PFS) Nuevo Horizonte Cooperative Community Clinica El Buen Samaritano Colleen Fleury, Lead, Interpreter Team Ecofiltro	
# of Surgical Patients Triageed:	375	
# of Surgical Patients Completed:	314 (234 adults; 80 pediatrics)	
# of Specialty Procedures Done:	337	
# of PFS-Assisted Patients:	112 (35% of total surgical patients)	
# of PFS Patients with Cleft:	62 (55% of PFS Patients)	
Age Range of Surgical Patients:	7 months – 72 years	
Cost per Surgical Patient expenses:	\$85 CDN per patient	
# Primary Care Patients:	435	
Age Range Primary Care Patients:	1 month – 78 years	
Average Age Primary Care Patients:	38.78 years	
% Gender Ratio Primary Care:	18% male; 82% female	
Cost per Primary Care Patient Visit:	\$10 CDN	
Locations Visited:	Antigua Nuevo Horizonte La Pita El Zapote Cartucho	Buen Retiro Sardina Barrio Buena Vista Juluque

November Surgical Mission Cttee:

Medical Leader: *Dr. Joe Del Vicario*
Travel/Team Support: *Lupita Swan-Jones*
OR Nurse Lead: *Cheryl Satgunam, RN*
PACU Nurse Lead: *Gloria Garraway, RN*
Logistics Lead: *Esther Del Vicario*
Interpreter Lead: *Colleen Fleury*
Team Physician: *Dr. Roberta Pauls*

Primary Care Cttee:

Team Leader: *Caitlin Johnston*
Medical Primary Care: *Dr. Kathy Jones*
Theresa Trinh
Logistics/Research: *Dr. Mike Morton*
Karin Olsson

Guatemala Health Missions: Team Members

Primary Care Team



Medical Care Providers

Kathy Jones, MD, Family Practice
Melissa Glen, Nurse Practitioner
Jay Miller, Physician Assistant

Interpreters

Caitlin Johnston, Team Leader
Flor De Maria Guerra
Bayron Figueroa

Support/Research

Mike Morton, MD
Karin Olsson

Surgical Mission Team



Anesthesiologists

William Abbott
 Brian Chen
 Joe Del Vicario
 Fred Clark
 Balvinder (Bal) Kaur
 Wendy MacLeod
 James Prentice
 Robert Purdy
 Peter Scoates
 Tim Sveinbjornson
 Karrie Yont

Radiologists

Eleanor Clark
 Grant Larsen

Logistics

Esther Del Vicario
 Vicki Ferg
 Colleen Fleury
 Patty MacIntyre-Gray
 Paul Olson
 John Satgunam
 Edward Smythe
 Noushin Vahabzadeh
 Lupita Swan-Jones

Surgeons

Maged Bakhet, Gynecology
 Nori Bradley, General Surgery
 Carl Brown, General Surgery
 Pamela Calderon, Gynecology
 Edward Chang, General Surgery
 Suzanne Donaldson, Surg Asst
 Marty Duffy, Urology
 Naisan Garraway, Gen Surgery
 Michelle Goecke, General Surgery
 Gordon Graham, Gynecology
 Jason Gray, Plastic Surgery
 Jan Hamilton, Surgical Asst
 Mark Heywood, Gynecology
 Jane Lea, ENT
 Adrian Lee, Plastic Surgery
 Rizwan Mian, Plastic Surgery
 Rebecca Morley, Plastics
 Suzanne Morris, Gynecology
 Jennifer Muir, Gynecology
 Roberta Pauls, Surgical Asst
 Robert Penner, Surgical Asst
 James Saunders, Plastic Surgery
 Samantha Wong, Surgical Asst
 Jeffrey Zorn, Urology

OR Nurses

Janet Badzak
 Ann Bunton
 Heather Clague
 Delores Ficzyz
 Monica Froh
 Alexandra Kite
 Dawn Minns
 Alisha Nord-Stewart
 Eva Olson
 Claire Osberg
 Patricia Penner
 Heather Pottery
 Debbie Protz
 Cheryl Satgunam
 Carole Schriek
 Lori Tanizawa
 Manpreet Uppal
 Brenda Wall
 Devon Wood

Interpreters

Colleen Fleury
 Carmen Wiechers
 Tami Hendricks
 Karla Venegas
 Miriam Balcarcel
 + 12 other local interpreters for triage days

PACU Nurses

Gina Chapman
 Gloria Garraway
 Gerardine Gunn
 Daniel Hooper
 Nadya Hussain
 Thu Le
 Nancy Martin
 Teresa O'Regan
 Helen Vergilio

Videographer

Ermin Badzak

Guatemala: Surgical Missions Summary

During the November surgical mission, a total of 76 mission volunteers participated to run 74 operating room slates over the 3 week period from November 4-27, 2016. The team performed 337 different specialty procedures for 314 patients, ranging in age from 7 months to 72 years (75% adults; 25% children). The gender ratio for the adult patients was 40% males: 60% females. For the pediatric population, the ratio was the opposite at 60% males: 40% females.

The surgical specialties were ENT (ears/nose/throat) for week 1; Pediatric Plastic Surgery for weeks 1+2; Adult Plastic Surgery for week 3; Gynecology and General Surgery for all 3 weeks; and Urology Surgery for weeks 2+3. In support of the surgical mission, a 20 foot container with over 4 tons of supplies and equipment was shipped by H4H from Vancouver and arrived at the Obras Hospital in Guatemala prior to the arrival of the team. Ermin Badzak, a volunteer videographer/photographer contracted by the H4H Board, participated on the mission to procure footage and interviews for the development of a new H4H documentary video.

The Obras Sociales del Hermano Pedro Hospital team was led by Odra Flores (Surgical Services Director), and Anabela Morales (Surgical Services Administrator). The Obras operating room staff was largely consistent as with previous years. All H4H team members were greatly impressed with the level of skill, cooperation and support provided by the Obras Team to ensure efficient turn-over of OR rooms and availability of sterile instruments as needed. Colleen Fleury, along with the Obras staff, managed the triage days and daily OR booking processes with exemplary efficiency. The H4H team was supported by a cadre of translators, under the stewardship of Colleen Fleury, to provide approximately 780 hours of translation services over the course of the surgical mission.

The number of surgeries performed in each specialty, along with most common procedures performed per specialty was as follows:

- **General Surgery: 122** e.g. laparoscopic cholecystectomies, hernioplasties, mass/cyst removals
- **Gynecology: 69** e.g. vaginal hysterectomies, total abdominal hysterectomies, bilateral-salpingo-oophorectomies, cystocele/rectocele repairs, salpingo-oophorectomies only
- **Plastic Surgery: 84** e.g. unilateral cleft lip repairs, cleft palate repairs, bilateral cleft lip repairs, complex scar revisions, syndactyly/finger reconstructions, cleft lip revisions and other minor procedures
- **Urology: 48** e.g. transurethral prostate resections, cysto/urethrectomies, and various urology procedures
- **ENT Surgery: 14 (plus 64 ENT consultations + 33 hearing tests)** e.g. myringotomy tube insertions

Of note this year, H4H was able to significantly increase its capacity to serve patients from remote communities through the support of Partner for Surgery (PFS). As a result, a record number of 112 PFS-assisted patients were seen, representing 35% of the overall patient population. Further, approximately 55% of these patients were cleft lip and palate repairs and by nature, young patients who are susceptible to illnesses when travelling afar from their home communities. This year, the H4H team faced some significant logistic challenges in managing infants with cleft pathologies due to an outbreak of Rotavirus infection which impacted 17 of the 65 pediatric patients, requiring significant juggling of the operating room schedule. Fortunately, only one of the children was unable to get surgery because he did not recover adequately for surgical readiness. Of the 62 children operated on for cleft pathologies, 4 encountered lip wound dehiscence post-discharge and arrangements were promptly made for surgical follow-up in January/17 with another surgical team.

The urology surgeons performed some challenging procedures including one patient who underwent a combined cholecystectomy and nephrectomy. They saw many patients with complex urethral strictures and hope to develop a

management strategy for the next year. Three (3) patients required a blood transfusion, and one needed to be re-operated for post-operative bleeding. All patients left the hospital in good condition.



Guatemala: Primary Care Summary

Health for Humanity's 2017 Primary Care Jornada was comprised of teaching and clinical activities in Nuevo Horizonte and 7 surrounding communities in El Peten. The Department of El Peten shares borders with Mexico and Belize, and occupies approximately 1/3 of Guatemala but contains only 3% of its population. El Peten is the birthplace and historic center of the Maya civilization. Tikal is the most prominent and important Mayan archaeological site (situated in the center of the Department). Recently, ranchers, drug traffickers, oil and mining companies and commercial loggers have cleared vast tracts of jungle and forest. Aside from Tikal, tourists and development organizations tend to avoid El Peten, leaving communities there without support.

Nuevo Horizonte (NH) is a cooperative community registered with the Guatemalan government. NH is governed by an elected Board with a number of committees. All major decisions ratified by a vote by the cooperative membership (residents). NH has a representative at El Petén's Mayor's Council. NH has its own infrastructure and services including: a government accredited education system, sustainable agriculture programs, and an ecotourism centre. The community has a Ministry of Health Clinic, staffed by a registered nurse, 3 volunteer health promoters, and 2 registered midwives, and contains its own pharmacy. Significant staff turnover this year meant the need for renewed rapport building on the part of the H4H team.

This was the Primary Care Team's 3rd year working with the Nuevo Horizonte Cooperative to provide primary care in Nuevo Horizonte and 7 surrounding communities in El Peten including: La Pita, El Zapote, Cartucho, Buen Retiro, Sardina, Barrio Buena Vista and Juluque. The H4H team in 2016 was comprised of a family practice physician, nurse practitioner (primary and maternity care) and a physician assistant (primary and urgent care) who were supported with 3 translators and 2 logistics personnel. The team was accompanied in the field by several NH members and midwives who provided support with transportation and logistics. 1 team care provider with translator staffed the NH clinic daily, while the rest of the team provided outreach clinical care to the surrounding villages.

Over the course of the jornada, 435 unique patients, from infants to seniors, were seen with 21 follow-up clinic visits provided. Of the patient population seen, 18% were male and 82% female – not an uncommon ratio in primary care services. Of the number of women seen, 124 reported a history of at least 1 pregnancy, 62 delivered at least 1 baby in hospital and 75 delivered at least 1 baby at home. 4 patients seen were referred to Partner for Surgery for assistance with previously recommended surgical procedures, primarily hernias. There was a wide and predictable

range of symptoms and healthcare conditions assessed and supported by the team over the course of the jornada given the very limited healthcare services available to the community and challenges of daily life for patients and families. The reasons for primary care treatment included but were not limited to conditions such as:

- Musculoskeletal pain symptoms and injuries
- Gastro-intestinal symptoms including peptic acid disorders, parasites/worms
- Respiratory symptoms including asthma management
- Migraines
- Diabetes management
- Hypertension + cardiac issues
- Pregnancy & sexual health care
- Wound care
- Menstrual management
- Urologic symptoms
- Skin, candida and fungal infections

The team also provided 7 home visits including frequent visits to 1 patient with liver cancer who required supportive care. Given the scarcity of medications in the communities, the team brought as much medication with them as possible from both Guatemala City and Canada. After 1 week in the field, the team ran out of the antibiotic cephalexin and scabies treatment, and needed to replace suture kits and bandages borrowed from the midwives. In a search for a source of medication close to the community, the team was introduced to a US-based organization – *Clinica El Buen Samaritano* - approximately 30 minutes south by vehicle, which helped to replenish the H4H team's inventory at cost and may represent a future partnership opportunity for the H4H Primary Care Team.

While working with the NH partners, the H4H care providers engaged in knowledge-sharing around use of antibiotics, diagnosis/treatment of some conditions, use of H Pylori testing kits, fetal monitoring and suturing skills. The team members also participated in health promotion and disease prevention activities in the communities around the topics of: dental hygiene, importance of safe drinking water, preventing dehydration, and pre/post-natal care. Over 200 toothbrushes were distributed to children and adults alike. Finally, as part of the team's research into the feasibility of supporting a birthing centre in NH, the team visited a Casa Materna in one of the villages south of NH. Discussions with local nurses and midwives around professional development needs and experiences took place, and as in previous years, the team provided the local care providers with extra medications, solar powered lamps, stethoscopes, blood pressure cuffs, gloves, glucometers and a complete midwifery kit including doptones – a special request by the local care providers from the previous year.



Guatemala: Public Health Projects

Safe, Clean Drinking Water in School Communities: As noted, H4H hopes to continue its collaboration with the **Rotary Club of West Vancouver Sunrise** and **Ecofiltro** in advancing access to safe drinking water in school communities in Guatemala. Ecofiltro's unique clay water filters provided to communities in need through the social enterprise arm of their local business, have a demonstrated history of success in terms of acceptability (good tasting water), accessibility (easy to implement and use) and health outcomes (reduction of water-borne gastro-intestinal illnesses). H4H's original investment of funding for the purchase of 50 water filter units, which were delivered to the community of Quisache in October 2014 by Ecofiltro staff and members of H4H and Rotary Club, have been actively used by the recipient schools and most recently received replacement filters courtesy of Ecofiltro. The school principal recently wrote to Ecofiltro/H4H to note the significant reduction in students' "stomach illnesses" (approx. 80%) and personally attest to the success of these clean water filtering units. Students' families have engaged in purchasing filters for their homes, further reducing the incidence of water-borne illnesses across the community. At this time, the Rotary Club of West Vancouver is working hard to leverage further funding opportunities to multiply H4H and Rotary grants for more water filter units.

Partner for Surgery Targeted Infant Nutrition Program: H4H approved another grant to this extraordinary program in support of newborns with cleft lip palate conditions. Through the PFS community-based network of Guatemalan health promoters, infants with these serious conditions are identified at birth and supported with nutrition aids and supplements to ensure that these vulnerable babies are able to maintain adequate nutrition, health and weights until they are old enough for surgical intervention. The health promoters work with mothers/families in their home communities, and later support them with travel/accommodation and peer support to access surgical care by H4H and other teams at the Obras Hospital in Antigua. The medical team of H4H has noted a significant improvement in the health of these tiny patients with the implementation of this program, at the time of surgery, which contributes to greater success and post-operative recovery following H4H surgical treatment.

Other Activities

The H4H Board of Directors initiated the year with a review of the strategic goals of the organization and identification of priority areas of focus for each Board committee, including fund development strategies. This plan was later presented to the H4H membership at-large at the spring Annual General Meeting, where it received endorsement. The key 2016 highlights from the Board committees are as follows:

Surgical Missions Committee

- Over 20 new health mission volunteers recruited to H4H
- 2nd successful transport of 20 foot container to Guatemala by sea with 4 tons of donated medical supplies, equipment and other donations from individual and corporate donors
- Large donation of IV and urology irrigation fluids received by Baxter International

- 2 refurbished Narkomed 2B Anesthetic Machines, PAR monitors + Hysteroscopy System donated to Obras Hospital through support of individual donors and volunteer labour
- 3 week Surgical Mission completed at Obras Hospital, Antigua, Guatemala serving 314 patients
- 550 pounds of valuable clothing + 440 pairs of shoes from Value Village donated to Obras Hospital residential program for pediatric/youth/adult populations
- Continued storage site for H4H supplies - donated by Sam Chan
- Videographer engagement on surgical mission to produce new H4H documentary video for promotions

Primary Care & Public Health Committee

- Primary care clinics to > 400 patients in El Peten
- Health promotion activities in communities with focus on oral hygiene
- Clinical teaching and knowledge sharing with Nuevo Horizonte community health providers
- Donation of medications and primary care supplies/equipment to communities and local care providers)
- Exploratory visit to Casa Materna for feasibility study on birthing centre in Nuevo Horizonte

Volunteer & Membership Committee

- Ongoing review + update of H4H Volunteer, Donor + Supporter database
- 2nd H4H Donor + Volunteer Appreciation Evening (February 2016)
- Member education activities integrated into H4H Annual General Meeting (Speaker: Bayron Figueroa)
- New H4H volunteers recruited through expanded Facebook & networking activities
- New H4H Volunteer Videographer contracted to produce a new H4H documentary video for surgical mission promotions and fundraising purposes

Fund Development Committee

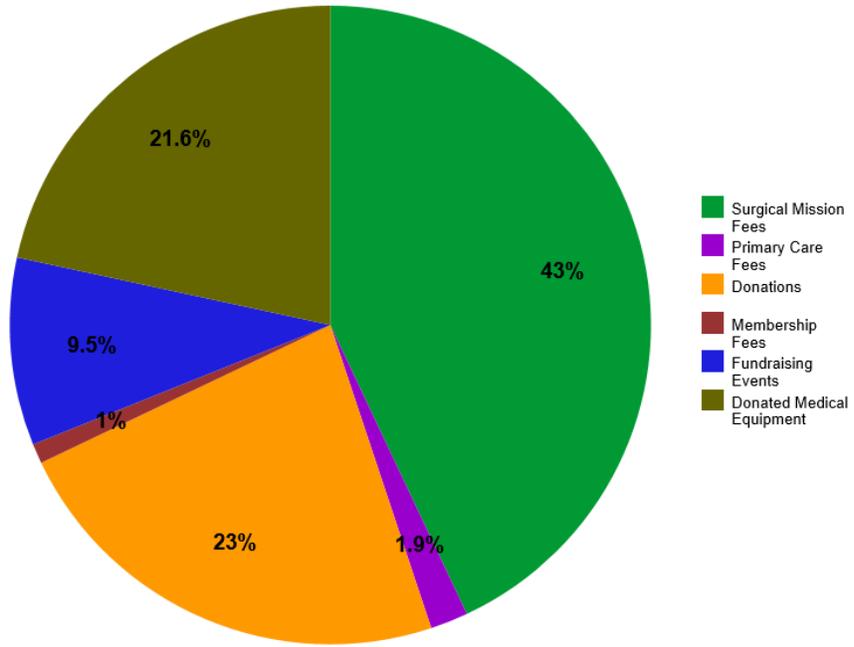
- "Palooza Fundraiser" in Calgary, Alberta by H4H Urology Team volunteers
- "Guatemala Get Down Fundraiser" in Vancouver, BC by H4H Team volunteers
- H4H Annual Fall Fundraiser – "Fiesta on the Hill" - in West Vancouver (October) for 150+ with live music, auctions & food supported by new individual and corporate donors
- Value Village and Big Brothers collaboration in H4H Clothing Drive across Lower Mainland
- Successful engagement of H4H mission volunteers in individual fundraising efforts throughout the year
- Continued partnership with corporate sponsors of medical supplies & pharmaceuticals

Promotions & Public Relations Committee

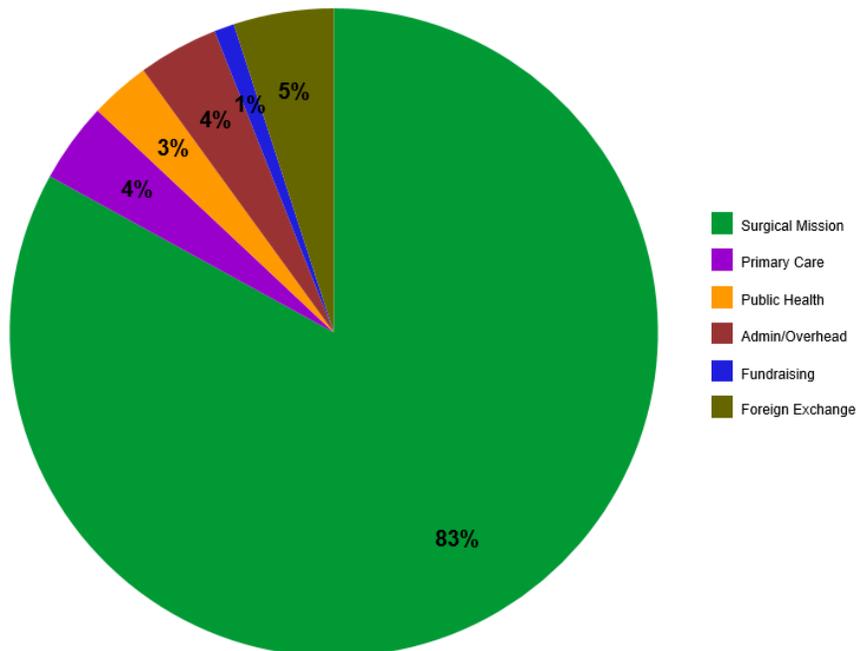
- H4H E-Newsletter: *Reflections 2015 & Upcoming 2016 Activities* released in first quarter of year
- Ongoing maintenance/update of H4H website security
- Increased number of H4H Facebook postings and friends with regular analytics provide to Board

Financial Overview

H4H Revenues 2016



H4H Expenses 2016



Acknowledgements: Donations & Sponsorships

All of the activities of H4H would not be possible without the generous donations, volunteer hours and support from hundreds of individuals, organizations and corporations. H4H is most appreciative of these efforts and looks forward to ongoing relationships with all of its supporters!

In 2016, H4H received a generous donation of a **complete hysteroscopy system** from **Dr. Brian Fitzsimmons**. **As well, two Narkomed 2B Anesthetic Machines and PAR monitors were also donated, with refurbishment through generous volunteer labour.** This equipment has been donated to the Obras Hospital and is available for H4H surgical teams in Guatemala.

The **transport of over 4 tons** of medical/surgical supplies, medical equipment and donated items to Guatemala through a 20 foot container was made possible and economically feasible through the support of **Wolfgang Schmitz**. Prior to transport, these donated supplies required storage which continues to be generously provided courtesy of **Sam Chan** through his **“Better Meals” facility site**.

H4H would also like to thank the **Rotary Club of West Vancouver Sunrise** who continues to partner with H4H in the safe drinking water initiative, and also share invaluable volunteer labour, resources and support during H4H fundraising activities.

The success of the annual Fall Fiesta fundraiser is in large part due to the many donations of live and silent auction items, refreshments/food and music by wonderful and talented people and businesses. H4H wishes to acknowledge the efforts of **Karen Harrison, Monica Froh and her family, Glowbal Group, Pentage Winery and Molson Coors Canada and Pedersen’s Event Rentals**, in particular, for their significant contributions to the 2016 *Fiesta on the Hill* Fundraiser.

H4H would like to acknowledge the contributions of **Dr. Kathy Jones** in support of the primary care jornada with both monetary and medical supply donations for the communities in El Peten.

The H4H Surgical and Primary Care program would not have been possible without the very generous contributions of many corporate sponsors:

AbbVie Corporation
AMT Surgical
Bayer
Baxter Canada
Bowers Medical Supplies
Carestream Medical

Cardinal Health
Cratex Industrial Packing Ltd.
Dove Dental Clinic
Ethicon Canada
Ethicon USA
Healthcare Partners International

Henry Shein
Innovatek
McKesson Canada
Medline
Trudell Medical

The **H4H Surgical Teams** would also like to acknowledge **Partner for Surgery**, without whom H4H would not be able to reach the most marginalized indigenous populations of Guatemala.

The **H4H Primary Care Team** would like to extend their thanks to the **Nuevo Horizonte Community Cooperative, Flor de Maria Guerra, and Partners for Surgery** in Guatemala who makes it possible for them to do their work.

H4H looks forward to an ongoing relationship with the leadership and staff of the **Obras Sociales del Santo Hermano Pedro Hospital** in La Antigua, and thank them for their trust and collaboration to ensure that all of the patients receive the highest quality care for the best outcomes. The surgical teams would especially like to acknowledge **Odra Flores** for her consistent and excellent leadership of the best surgical support staff at the Obras.

Once again, H4H would like to acknowledge **Colleen Fleury**, a Canadian-born and long-time Guatemalan resident, for her recruitment and oversight of the local volunteer interpreters who play an instrumental role in support of the surgical teams throughout the missions. H4H would especially like to thank Colleen for stepping into the logistics OR triage/booking role during the surgical mission, and continuing to find the time to welcome our teams, especially new volunteers, with a warm, cultural introduction to Guatemala.

H4H wishes to acknowledge an important volunteer, **William (Bill) Frew**, as he supports a critical behind-the-scenes function of H4H – the security requirements and maintenance of our website.

As noted previously, H4H is most grateful to all of its **health mission volunteers** for their extraordinary gifts of **time, energy and resources** to make the health missions possible. We would like to make special mention of the many **H4H supporters** who made wonderful **donations** of services, artwork and other items for the H4H **silent and live auctions** at our fundraising event in 2016.

Finally, H4H would like to express deep gratitude to the people and communities of Guatemala for the honour of sharing, learning and working together towards a shared vision of a healthier world.



The 2016 H4H Annual Report was compiled by Cheryl Davies and Caitlin Johnston in April 2017. Photographs by H4H volunteers; copyright of Health for Humanity Service Society. Notes about the Guatemala surgical and primary care activities, and public health projects were provided by Joe Del Vicario, Cheryl Davies, and Caitlin Johnston. The report was reviewed by the Health for Humanity Board of Directors prior to release at the Annual General Meeting on May 3, 2017.

For more information regarding the Health for Humanity Service Society, please visit www.h4h.ca and H4H's Facebook page (<http://www.facebook.com/groups/healthforhumanity>), where blog entries and photographs document its missions and projects.